



**FALL  
2025**



# Good Times

## COURSE GUIDE

- AQUATICS
- ATHLETICS
- FITNESS & WELLNESS
- ACTIVE SENIORS
- DANCE & MUSIC
- SPECIAL EVENTS
- VISUAL ARTS
- THERAPEUTIC REC

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**This Course Guide covers September-December 2025.**  
*Listings are subject to change. Please visit our website for the latest version.*



## PARKS & RECREATION

### Norfolk Parks & Recreation Office

220 Boush Street  
 Norfolk, VA 23510  
[Norfolk.gov/ParksandRec](http://Norfolk.gov/ParksandRec)  
 (757) 823-4291



Edward Matthews – Interim Director

Ted Dudley – Bureau Manager of Cemeteries

Steve Patton – Bureau Manager of Parks & Forestry Operations

Lauren Wiltsey – Bureau Manager of Planning & Administration

Kari Diop – Bureau Manager of Recreation & Community Wellness

## NORFOLK CITY COUNCIL

Kenneth Cooper Alexander, Ph.D. – Mayor

Martin A. Thomas, Jr. – Vice Mayor, Ward 1

Courtney R. Doyle – Councilmember, Ward 2

Mamie B. Johnson – Councilmember, Ward 3

John E. "JP" Paige – Councilmember, Ward 4

Thomas R. Smigel, Jr. – Councilmember, Ward 5

Jeremy McGee – Councilmember, Superward 6

Carlos J. Clanton – Councilmember, Superward 7

## RECREATION COMMISSION

Debra Rocke – Chair

Gregg Mottinger – Vice Chair

Tasha Turnbull – Member

Bryan Mackey – Member

Nathaniel G. (Nate) Kinnison – Member

Virginia (Ginny) Alberts – Member

Stephen K. Powell – Member

Darrick Person – Ex-Officio

*The Recreation Commission meets on the second Thursday of the month (except July and August) at 12 p.m. at rotating recreation centers.*



# WAYS TO REGISTER



Visit [Norfolk.gov/ParksandRec](http://Norfolk.gov/ParksandRec)  
Click on the Register Tab



In person at any  
Recreation Center



Scan this QR Code

## FROM THE DIRECTOR

As the leaves begin their spectacular transformation and the crisp autumn air invites us outdoors, I'm thrilled to present our fall lineup of programs and activities designed to bring our community together.

This season, we're offering something special for every member of your family. Our autumn programming celebrates both the beauty of the season and the strength of our community bonds.

Our dedicated staff has worked tirelessly to create safe, engaging, and memorable experiences that will help you make the most of these beautiful fall months. Whether you're looking to try something new, stay active, or simply enjoy quality time with friends and neighbors, you'll find the perfect opportunity within these pages.

Thank you for making our parks and recreation programs a cornerstone of our community life. We look forward to seeing you at our facilities and events throughout the autumn season.

Here's to making this fall unforgettable! Remember to get out and play!



*Edward Matthews,  
Interim Director*



## REGISTRATION POLICIES

- Full payment must be made at the time of registration.
- Courses are filled on a first-come, first-served basis.
- Payment is accepted by VISA/MasterCard, check, or money order made payable to Norfolk City Treasurer. Current photo I.D. required.
- Registration may be accepted up to 7 days after class start date, if space is available.
- A \$5 late fee applies to registration 7 days or less prior to class start date.
- If a student misses a class, Norfolk Parks & Recreation will try to accommodate a make-up session; no make-up classes are guaranteed.
- Class sessions may occasionally be canceled due to unexpected circumstances. Every attempt will be made to contact participants and to schedule a make-up session for the class. Ensure contact information is current with instructor.

## REFUND POLICY

Refunds will be issues in the event of the following ONLY:

- Course cancellation by NPR
- Deployment
- Illness/injury requiring the individual to discontinue participation.
- Death

Documentation will be required. Accounts will not be issued a credit in lieu of a refund. Refund will be pro-rated in the event it takes place after the start of the course.

**Have a general question about recreation programming?**  
Email us at [ParksRec@Norfolk.gov](mailto:ParksRec@Norfolk.gov)



# MEMBERSHIP

## Your All-Access Pass to Fun!

*One Card. One Low Rate. Endless Possibilities.*

Norfolk's **Facility Use I.D. Card** gives you year-round access to all of Norfolk's community/recreation centers, pools, and athletics programming. The Facility Use I.D. Card must be presented upon entering a facility. Facility Use I.D. Cards are not required for registration and attendance of fee-based classes.

### ANNUAL MEMBERSHIP PRICING

MEMBERSHIP TYPE	ANNUAL RESIDENT	ANNUAL NON-RESIDENT	POWER-UP
<b>Family</b> (Adult + 3 or more)	\$100	\$200	\$50
<b>Adult</b> (18-64)	\$50	\$100	\$20
<b>Youth</b> (5-17)	\$20	\$100	\$10
<b>Senior</b> (65+)	Free	\$100	

\*Replacement cards are \$3

Facility Use I.D. Cards are valid for one year of the purchase date and must be renewed in person. Memberships can be purchased at any recreation/community or pool facility. Norfolk residents are required to bring a valid ID and proof of Norfolk residency (i.e., utility bill). For youth membership, please provide an original birth certificate.

A **PowerUp membership rate** is available through the Department of Human Services to individuals and families who qualify for Medicaid. To find out if you qualify, check the Virginia Department of Social Services or call the Norfolk Department of Human Services at (757) 664-6000.

Pay by check or money order made out to **Norfolk City Treasurer**. Credit and debit cards with a Visa or MasterCard logo are accepted. Cash will be accepted per transaction (up to \$10).

Norfolk's Department of Parks & Recreation has a **Telecommunications Device for the Deaf (TDD)** machine. This machine allows us to communicate more effectively with our hearing-impaired participants. The TDD number is (757) 441-1764. If you have a hearing impairment, please press your spacebar so that the staff will know that you are calling on the TDD.

You can also utilize the Virginia Relay Center at (800) 828-1120.





# LOCATION KEY

## RECREATION & COMMUNITY CENTERS

Bayview Recreation Center	BR	8613 Willow Terrace, 23503	(757) 441-1626
Berkley Community Center	BC	121 W. Liberty St., 23523	(757) 441-1912
Crossroads Community Center	CC	8019 Old Ocean View Rd., 23518	(757) 965-9430
East Ocean View Community and Senior Center	EO	9520 E. 20th Bay St., 23518	(757) 441-1785
Fairlawn Recreation Center	FR	1014 Kempsville Rd., 23502	(757) 441-5670
Horace C. Downing Senior Center	HD	555 E. Liberty St., 23510	(757) 441-1968
Huntersville Community Center	HC	830 Goff St., 23504	(757) 664-7434
Ingleside Recreation Center	IR	948 Ingleside Rd., 23502	(757) 441-5621
Lambert's Point Community Center	LPC	1251 W. 42nd St., 23508	(757) 423-1088
Norview Community Center	NC	6380 Sewells Point Rd., 23513	(757) 823-4301
Sherwood Forest Community Center	SFC	4537 Little John Dr., 23513	(757) 441-1440
Tarrallton Community Center	TC	2100 Tarrallton Dr., 23518	(757) 441-5824
Therapeutic Recreation Center	TR	180 E. Evans St., 23503	(757) 441-1764
Titustown Community Center	TTC	7545 Diven St., 23505	(757) 441-1259

## INDOOR SWIMMING POOLS

Huntersville Indoor Swimming Pool	HI	830 Goff St., 23504	(757) 664-7431
Northside Indoor Swimming Pool	NI	8401 Tidewater Dr., 23518	(757) 441-1760
Southside Aquatics Center Indoor Swimming Pool	SS	1750 Campostella Rd., 23523	(757) 333-3281

## OTHER FACILITIES

Community Beach	CB	700 E. Ocean View Ave., 23503	
Lakewood Dance & Music Center	LD	1612 Willow Wood Dr., 23509	(757) 441-5833
Norfolk Athletics Office	NA	7300 Newport Ave., 23505	(757) 823-4304
Norfolk Boxing Center	NB	606 W. 29th St., 23508	(757) 823-1180
Titustown Visual Arts Center	TV	7545 Diven St., 23505	(757) 441-1227

## ATHLETIC FIELDS

Campostella Elementary School	CE	1106 Campostella Rd., 23523	
Crossroads Elementary School	CRE	8021 Old Ocean View Rd., 23518	
Huntersville Park	HP	830 Goff St., 23504	
Ingleside Park	IP	948 Ingleside Rd., 23502	
Lafayette Park	LP	3500 Granby St., 23504	
Lake Taylor Complex	LTC	1384 Kempsville Rd., 23502	
Lakewood Park	LWP	1612 Willow Wood Dr., 23509	
Northside Park	NP	8400 Tidewater Dr., 23505	
Titustown Park	TTP	7545 Diven St., 23505	

### PLEASE NOTE:

- Any location listed as **OFF** is an offsite location
- This is not a comprehensive list of all of our locations; it only lists the locations noted in this edition
- For a location's hours of operation, please visit our website at [NORFOLK.GOV/PARKSANDREC](http://NORFOLK.GOV/PARKSANDREC)



# AQUATICS

## PARENT AND CHILD AQUATICS • Ages 6 mo.-3 yrs

Participants are introduced to swimming and water safety skills that are developmentally appropriate for infants and toddlers. Routines that are familiar are extremely important to this age group. Each class uses toys, songs, fun, and games to keep the children engaged and enjoying the water experience, all the while teaching them basic aquatic skills.

1010201-01	9/9-10/28	M	4-4:30 p.m.	\$25 / \$38	NI
1010201-21	9/14-11/2	Sa	10-10:30 a.m.	\$25 / \$38	SS

## PRE-SCHOOL AQUATICS 1 • Ages 4-5

Participants are introduced to swimming and water safety skills that are developmentally appropriate for young children. Preschool Aquatics puts the “fun” in fundamentals. Each class is loaded with enjoyable, engaging and challenging activities that motivate children to want to perform and learn to swim.

1010401-01	9/9-10/28	M	4-4:45 p.m.	\$30 / \$45	NI
1010401-31	9/11-10/4	W, F	4-4:45 p.m.	\$30 / \$45	SS
1010401-32	10/23-11/15	W, F	4-4:45 p.m.	\$30 / \$45	SS



## PRE-SCHOOL AQUATICS 2 • Ages 4-5

This level continues laying the foundation for developing water competency and further skill development. Preschool Aquatics Level 2 marks the beginning of independent aquatic locomotion skills. Children continue to explore using simultaneous and alternating arm and leg actions on the front and back to gain greater proficiency in preparation for performing strokes.

1010501-01	9/9-10/28	M	5-5:45 p.m.	\$30 / \$45	SS
1010501-31	9/11-10/4	W, F	4-4:45 p.m.	\$30 / \$45	SS
1010501-32	10/23-11/15	W, F	4-4:45 p.m.	\$30 / \$45	SS

## PRE-SCHOOL AQUATICS 3 • Ages 4-5

Preschool Aquatics Level 3 builds on the skills learned in Levels 1 and 2. Participants perform basic aquatic skills with greater proficiency, for longer distances and times. In addition, previously acquired water safety knowledge and skills are reinforced and expanded upon.

1010601-01	9/9-10/28	M	5-5:45 p.m.	\$30 / \$45	NI
1010601-21	9/14-11/2	Sa	10-10:45 a.m.	\$30 / \$45	SS







# AQUATICS

## Level 1: INTRO TO WATER SAFETY • Ages 6-15

Participants are introduced to basic skills as the foundation for the development of water competency.

1010701-01	9/12-10/31	Th	4-4:45 p.m.	\$30 / \$45	NI
1010701-31	9/11-10/4	W, F	5-5:45 p.m.	\$30 / \$45	SS
1010701-32	10/23-11/15	W, F	5-5:45 p.m.	\$30 / \$45	SS

## Level 2: FUNDAMENTAL AQUATIC SKILLS Ages 6-15

Participants begins gaining rudimentary propulsive skills on both the front and the back. This level marks the beginning of independent aquatic locomotion skills.

1010801-01	9/12-10/31	Th	4-4:45 p.m.	\$30 / \$45	NI
1010801-31	9/11-10/4	W, F	5-5:45 p.m.	\$30 / \$45	SS
1010801-32	10/23-11/15	W, F	5-5:45 p.m.	\$30 / \$45	SS

## Level 3: STROKE DEVELOPMENT • Ages 6-15

Participants learn to swim the front crawl and elementary backstroke, is introduced to the scissors and dolphin kicks, learns the survival float, treading water, and headfirst entries.

1010901-01	9/12-10/31	Th	5-5:45 p.m.	\$30 / \$45	NI
1010901-21	9/14-11/2	Sa	11-11:45 a.m.	\$30 / \$45	SS

## Level 4: STROKE IMPROVEMENT • Ages 6-15

Participants are introduced to new swimming and water safety skills and to build on previously learned skills, improving the swimming stroke proficiency and swimming for longer distances.

1011001-01	9/12-10/31	Th	5-5:45 p.m.	\$30 / \$45	NI
1011001-21	9/14-11/2	Sa	11-11:45 a.m.	\$30 / \$45	SS

## BEGINNER SWIMMING • Ages 16 & Up

Participants gain basic aquatic skills and develop swimming strokes, including the front crawl, breaststroke and elementary backstroke. Participants also learn skills and concepts needed to stay safe around water.

1011302-21	9/14-11/2	Sa	12-12:45 p.m.	\$30 / \$45	SS
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THE CITY OF  
**NORFOLK**  
DEPARTMENT OF PARKS & RECREATION

**FALL 2025  
SWIM LESSONS**

**Registration Opens**

August 11 (Residents)  
August 18 (Non-Residents)



# ATHLETICS

## INDOOR SOCCER FUTSAL 6U DIVISION

### Ages 5-6

Recreation youth division for the indoor futsal program. Practices will be held during the week and games will be played on Saturdays at the various community center locations.

1060300-01	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	BR
1060300-04	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	EO
1060300-07	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	IC
1060300-11	9/5-11/11	M-Sa	6:30-8 p.m.	\$50 / \$50	SFC
1060300-13	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	TC

## INDOOR SOCCER FUTSAL 8U DIVISION

### Ages 5-8

Recreation youth division for the indoor futsal program. Practices will be held during the week and games will be played on Saturdays at the various community center locations.

1060301-01	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	BR
1060301-04	9/5-11/11	M-Sa	6:30-8 p.m.	\$50 / \$50	EO
1060301-07	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	IC
1060301-11	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	SFC
1060301-13	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	TC

## INDOOR SOCCER FUTSAL 10U DIVISION

### Ages 8-10

Recreation youth division for the indoor futsal program. Practices will be held during the week and games will be played on Saturdays at the various community center locations.

1060302-01	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	BR
1060302-03	9/5-11/11	M-Sa	6:30-8 p.m.	\$50 / \$50	CC
1060302-04	9/5-11/11	M-Sa	6:30-8 p.m.	\$50 / \$50	EO
1060302-06	9/5-11/11	M-Sa	6:30-8 p.m.	\$50 / \$50	IC
1060302-11	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	SFC
1060302-13	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	TC

## INDOOR SOCCER FUTSAL 12U DIVISION

### Ages 9-12

Recreation youth division for the indoor futsal program. Practices will be held during the week and games will be played on Saturdays at the various community center locations.

1060303-01	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	BR
1060303-04	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	EO
1060303-07	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	IC
1060303-11	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	SFC
1060303-13	9/5-11/11	M-Sa	6-8 p.m.	\$50 / \$50	TC

## TINY STRIKERS INDOOR SOCCER

### Ages 4-6

Recreation youth division for the Tiny Strikers indoor soccer program. Program will consist of 20 minutes introductory fundamental skill training and 20 minutes of game simulation for participants. All session will be hosted at site of Youth Soccer League Games. Practices will be held during the week and games will be played on Saturdays at the various community center locations.

1060600-01	10/7-11/4	M	6:30-7:30 p.m.	\$15 / \$15	LWP
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## CHEERLEADING Ages 5-16

Recreation youth division for the cheerleading program. Practices will be held during the week and games will be played on Saturdays at the various community center locations.

1060900-01	9/5-8/1/25	Tu, Th, Sa	6-8 p.m.	\$50 / \$50	CC
1060900-02	9/5-8/1/25	M, Tu, W, Sa	6-8 p.m.	\$50 / \$50	EO
1060900-02	9/5-8/1/25	M, W, Sa	6-8 p.m.	\$50 / \$50	IC
1060900-06	9/5-8/1/25	M, W, Sa	6-8 p.m.	\$50 / \$50	CE







## ATHLETICS

### BASKETBALL TEEN 14U DIVISION

**Ages 12-14**

Recreation youth division for the teen basketball program. Practices will be held during the week and games will be played on Saturdays at the various community center locations.

1060504-06	10/7-11/18	M-Sa	6-8 p.m.	\$50 / \$50	HC
1060504-07	10/7-11/18	M-Sa	6-8 p.m.	\$50 / \$50	IC
1060504-08	10/7-11/18	M-Sa	6-8 p.m.	\$50 / \$50	LPC

### BASKETBALL TEEN 16U DIVISION

**Ages 14-16**

Recreation youth division for the teen basketball program. Practices will be held during the week and games will be played on Saturdays at the various community center locations.

1060505-06	10/7-1/13	M-Sa	6-8 p.m.	\$50 / \$50	HC
1060505-07	10/7-1/13	M-Sa	6-8 p.m.	\$50 / \$50	IC
1060505-08	10/7-1/13	M-Sa	6-8 p.m.	\$50 / \$50	LPC
1060505-09	10/7-1/13	M-Sa	6-8 p.m.	\$50 / \$50	NC

### ADULT SOFTBALL LEAGUE - FALL

**Ages 18+**

League will consist of 12 regular season games with a playoff single elimination tournament for qualifying teams. Each division will have a home run rule specification that will be based on the skill level of the division. For division specific rules please contact the Norfolk Athletic Office prior to registering. Division games will be initially scheduled on designated weeknights with possible make-ups being scheduled on various days based on facilities availability and discretion of the Norfolk Athletics Office.

3060702-01	8/19-10/21	M	6:45-10 p.m.	\$775 / \$775	NP
3060702-03	8/20-10/15	Tu	6:45-10 p.m.	\$375 / \$375	NP
3060702-04	8/21-10/16	W	6:45-10 p.m.	\$775 / \$775	NP
3060702-06	8/23-10/18	F	6:45-10 p.m.	\$375 / \$375	NP







## FITNESS & WELLNESS

### WOMEN ON WEIGHTS • Ages 15+

WOW is a class where women get one-on-one strength training with a Certified Personal Trainer in a group setting. This highly interactive class encourages confidence and teaches women to be comfortable in the gym.

1041505-09    9/3-9/26    Tu, Th    6-6:45 p.m.    \$30 / \$40    LPC

### BOOT CAMP • Ages 15+

Boot Camp is a fun and innovative way to lose fat and build muscle. Both men and women will find Boot Camp to be a team-oriented challenge with empowering results. Run, jump, push, and pull your way to a better body!

1040505-09    9/4-9/30    M, W    5-5:45 p.m.    \$30 / \$45    LPC

### DEEP STRETCH • Ages 15+

This class will teach fundamentals for stretching. Small and large muscle groups of the body are engaged to increase flexibility by using breathing to relax and stretch muscles.

1042805-09    9/6-9/27    F    10:15-11 a.m.    \$20 / \$30    LD



### BEGINNER BOXING • Ages 8+

Introduction to the basics of boxing: stance, movement/footwork, straight punches to head and body, and straight punch combinations.

1043105-121    9/2-9/27    M-F    4-5 p.m.    \$30 / \$30    NB

1043105-122    10/7-10/25    M-F    4-5 p.m.    \$30 / \$30    NB

1043105-123    11/4-11/29    M-F    4-5 p.m.    \$30 / \$30    NB







## ACTIVE SENIORS

### SENIOR GAMERS

Gather with fellow enthusiasts at our Board Gamers meet-up, where classic favorites and new strategy games come to life! Whether you're a casual player or a seasoned competitor, enjoy an evening of fun, friendly competition, and great company. Bring your favorite game or try something new there's a seat waiting for you at the table!

5071804-01 9/2-2/26 Tu, Th 12:12:30 p.m. \$0 / \$0 EO

### SENIOR PICKLEBALL

Women's Pickleball offers a welcoming and energetic environment for women of all skill levels to play, learn, and connect. Enjoy friendly matches, improve your game, and stay active in a supportive, social setting. Whether you're picking up a paddle for the first time or returning to the court, there's a place for you here.

5071904-07 9/3-2/25 W 9:30 a.m.-1:30 p.m. \$0 / \$0 EO

5071904-05 9/3-2/25 M,W 9:30 a.m.-1:30 p.m. \$0 / \$0 EO

5071904-06 9/4-2/26 Tu, Th 9:30 a.m.-1:30 p.m. \$0 / \$0 EO

5071904-08 9/5-2/27 F 12:30-2:30 p.m. \$0 / \$0 EO



### SENIOR CRAFTS

Women's Pickleball offers a welcoming and energetic environment for women of all skill levels to play, learn, and connect. Enjoy friendly matches, improve your game, and stay active in a supportive, social setting. Whether you're picking up a paddle for the first time or returning to the court, there's a place for you here.

5072004-04 9/5-2/27 F 10 a.m.-12 p.m. \$0 / \$0 EO

5072004-07 9/8-2/16 M 10 a.m.-12 p.m. \$0 / \$0 EO

5072004-05 9/4-2/26 Th 11 a.m.-12:30 p.m. \$0 / \$0 HD

5072004-06 9/5-2/27 Th 11 a.m.-12:30 p.m. \$0 / \$0 HD



### SENIOR CONVERSATION GROUP

The Women's Conversation Group is a welcoming space for women to connect, share experiences, and support one another through open, respectful dialogue. Each session offers meaningful conversation on topics like personal growth, relationships, wellness, and everyday life. All women are invited to join, listen, and be heard in a safe and uplifting environment.

5073104-01 9/7 M 12:30-2 p.m. \$0 / \$0 EO

### SENIORS LINE DANCING

Kick up your heels and join our Line Dancing Class, where everyone can learn fun, easy-to-follow dance steps set to lively music. No partner needed—just bring your energy and get ready to move! It's a great way to stay active, meet new friends, and enjoy a fantastic workout on the dance floor.

5072604-06 9/8-11/24 M 10:30-11:45 a.m. \$0 / \$0 EO

5072604-06 12/1-2/23 M 10 a.m.-12 p.m. \$0 / \$0 EO

### SENIORS LUNCHEON

Join us for our Welcome Back Seniors Luncheon as we celebrate the end of summer and the start of a new season together! Enjoy a delicious meal, reconnect with friends, and hear about upcoming events and programs.

Let's kick off the fall with laughter, conversation and community spirit!

1073204-01 9/29 M 12-2 p.m. \$0 / \$0 OFF

1073204-02 10/22 W 12:30-2:30 p.m. \$0 / \$0 EO





# ACTIVE SENIORS

## 60+ CLUB

60+ Seniors Club is a welcoming community for adults aged 60 and over, offering fun, friendship, and meaningful engagement through a variety of social, recreational, and educational activities. From game days and group outings to wellness workshops and hobby classes, there's something for everyone to enjoy. Whether you're looking to stay active, learn something new, or simply connect with others, this is your place to thrive and belong.

1071504-01	9/10-11/26	W	12 p.m.	\$0 / \$0	EO
2071504-01	12/10-2/25	F	12 p.m.	\$0 / \$0	EO



## THANKSGIVING COMMUNITY EVENTS

Join us for a fun and engaging game of Mexican Train Dominoes, where players compete to be the first to play all their dominoes by building trains in a friendly, social setting. Perfect for all skill levels, this classic game combines strategy and luck for hours of entertainment. Come enjoy great company, laughter, and a chance to sharpen your domino skills!

1094505-02	11/19	W	12 p.m.	\$0 / \$0	EO
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## MEXICAN TRAIN: SENIORS

Celebrate gratitude and togetherness at our Thanksgiving Holiday Event, featuring delicious food, fun activities, and heartfelt community moments. Join us for a warm gathering filled with family-friendly games, music, and opportunities to give back. Let's come together to share thanks and create lasting memories!

1073904-01	11/22	W	11 a.m.-2 p.m.	\$0 / \$0	EO
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## HOLIDAY SENIOR PARTY

Get ready to serve and smash at our exciting Pickleball Tournament, open to players of all skill levels! Compete for prizes, enjoy friendly competition, and connect with fellow pickleball enthusiasts. Whether you're a seasoned pro or new to the game, this tournament promises fun, fitness, and great community spirit!

2071604-01	F	12/19	11 a.m.-2 p.m.	\$30/\$50	OFF
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### YOUTH BEGINNING BALLET • Ages 7-12

An introductory class recommended for any students new to ballet and for returning students with less than two years of ballet experience. Includes barre work, basic ballet skills, attention to posture, and stretching. \*NO CLASS 11/04, 11/11

1030500-01	9/8-11/10	M	5-6 p.m.	\$50 / \$75	LD
1030500-02	9/9-10/28	Tu	2-3 p.m.	\$40 / \$60	LD

### YOUTH INTERMEDIATE BALLET • Ages 9-14

Dancers will expand vocabulary, refine port de bras, build strength and flexibility. Recommended for students with at least two years of ballet experience. \*NO CLASS 11/04, 11/11.

1030550-01	9/9-10/28	Tu	5-6 p.m.	\$40 / \$60	LD
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### PRE-POINTE / MEN'S TECHNIQUE • Ages 9+

Students will learn foot and ankle strengthening exercises, barre work with emphasis on correct foot and body alignment, and center work. The perfect class for dancers looking to progress to more advanced levels of ballet technique. Students must be concurrently enrolled in Youth Intermediate Ballet or higher. May not be taken as a stand-alone class.

1030600-01	9/11-11/13	Th	5-6 p.m.	\$50 / \$75	LD
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### ADULT BEGINNING BALLET • Ages 13+

An introductory class recommended for any students new to ballet and for returning students interested in skill building. Includes barre work, basic ballet skills, attention to posture, stretching.

1030650-01	9/8-11/10	M	7-8 p.m.	\$50 / \$75	LD
3030950-02	9/11-11/13	Th	1:30-2:30 p.m.	\$50 / \$75	LD

### ADULT INTERMEDIATE BALLET • Ages 15+

Dancers will expand vocabulary, refine port de bras, build strength and flexibility. Recommended for students with at least two years of ballet experience. \*NO CLASS 11/04, 11/11

1030700-01	9/9-10/28	Tu	6-7 p.m.	\$40 / \$60	LD
1030700-02	9/12-11/14	F	11:15 a.m.-12:15 p.m.	\$50 / \$75	LD

### ADULT MODERN DANCE • Ages 13+

An abstract dance form consisting of a rich tapestry of form, breath, shape, and texture.

1030800-01	9/10-11/12	W	7-8 p.m.	\$50 / \$75	LD
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### CREATIVE DANCE • Ages 4-6

Creative Dance introduces young movers to dance fundamentals in a fun, creative environment. Students will build coordination, rhythm, and confidence while encouraging self-expression and creativity. **Tiny Tot Hip Hop** introduces the body isolations and beats of Hip Hop dance. **Little Movers** is a basic movement class incorporating games, skill building, and popular dances. **Pre-Ballet** gives students a strong foundation in ballet fundamentals as well as developing a strong sense of dramatic expression. Each session introduces new material, so any section of Creative Dance may be repeated as many times as desired \*NO CLASS 11/04, 11/11

#### *Tiny Tot Hip Hop*

1030300-01	9/8-11/10	M	5-6 p.m.	\$50 / \$75	LD
1030300-05	9/11-11/13	Th	5-6 p.m.	\$50 / \$75	TV

#### *Pre-Ballet*

1030300-02	9/9-10/28	Tu	1-2 p.m.	\$40 / \$60	LD
1030300-04	9/10-11/12	W	5-6 p.m.	\$50 / \$75	LD

#### *Little Movers*

1030300-03	9/9-10/28	Tu	5-6 p.m.	\$40 / \$60	LD
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# DANCE

## DANCE WITH ME • Ages 2-3

Get ready to move and groove with your little one in Dance With Me! This class explores movement through creative play. Each registered child should bring a participating adult. You'll stretch, move, and use your imagination while you dance together.

1030240-01 9/8-11/10 M 10:30-11 a.m. \$25 / \$38 LD

## FIRST STEPS • Ages 2-4

Designed for more young movers ready to begin their dance journey in the studio without a parent. This class introduces dancers ages 2-4 to foundational movement and musicality in a fun, supportive setting that encourages exploration and imagination. Short, sweet, and filled with joyful discoveries, First Steps helps little ones take their first steps into the world of dance!

1030250-01 9/8-11/10 M 11:30 a.m.-12:15 p.m. \$38 / \$57 LD

## YOUTH BEGINNING HIP HOP • Ages 7-12

Enjoy learning the basic skills and tricks of the hip hop culture. Class will draw on a variety of styles from old school to new school.

1032000-01 9/10-11/12 W 5-6 p.m. \$50 / \$75 LD

## YOUTH INTERMEDIATE HIP HOP • Ages 9-14

In this high-energy class, students will learn foundational and advanced hip hop techniques, from sharp, explosive movements to smooth, fluid transitions, all while building rhythm, coordination, and performance confidence. Recommended for students with at least two years of dance experience. Instructor permission required.

1032050-01 9/11-11/13 Th 6-7 p.m. \$50 / \$75 LD

## ADULT HIP HOP • Ages 13+

Have fun mixing it up to today's hottest jams. Enjoy a fun-filled, high-energy class packed with the latest dance moves. Whether you are destined for the stage or just looking for a great workout, this class is for you!

1032100-01 9/11-11/13 Th 7-8 p.m. \$50 / \$75 LD

## AFRO HOUSE DANCE • Ages 18+

This vibrant dance style that fuses traditional West African dance movements, Afrobeat-inspired rhythms, and the soulful, percussive grooves of Deep Afro House music tracks. Afro House celebrates cultural heritage and individuality, with dancers weaving ancestral rhythms into modern, soulful expressions on the dance floor.

1032250-01 9/10-11/12 W 7-8 p.m. \$50 / \$75 LD

## HOUSE DANCE • Ages 18+

House dance is a freestyle and social dance style rooted in the underground club scenes of Chicago and New York in the late 1970s and early 1980s, closely tied to house music. It emphasizes fluid and rhythmic movements, with a focus on footwork, improvisation, and musicality. House dance blends influence from disco, jazz, hip-hop, salsa, and tap, prioritizing self-expression and connection to the music. It's typically performed in clubs or at dance battles, fostering community and individuality.

1032255-01 9/8-11/10 M 6-7 p.m. \$50 / \$75 LD

## INTRO TO BREAKDANCING • Ages 13+

Get ready to move! This high-energy class introduces the fundamentals of break dancing (also known as breaking) in a fun, beginner-friendly environment. Dancers will learn basic footwork, top rocks, freezes, and simple power moves while building strength, coordination, and confidence.

1032300-01 9/8-11/10 M 7-8 p.m. \$50 / \$75 LD

## DANCE MOBILITY • Ages 13+

NEW CLASS! Let's Stretch! This class will focus on improving flexibility, balance, breathing, and gentle strength as we increase our range of motion. This is a great class for any dancer, or for those simply looking to get a deep stretch and unwind! \*NO CLASS 11/04, 11/11

1032500-01 9/9-10/28 Tu 6-7 p.m. \$40 / \$60 LD

1032500-02 9/10-11/12 W 5-6 p.m. \$50 / \$75 LD

## DANCE CARDIO • Ages 13+

NEW CLASS! Let's sweat! This class will focus on moderate-intensity dance aerobics with moves inspired by Latin, Jazz, and Hip-Hop dances. Dance Cardio is a great class for dancers looking for a fun, social, full-body workout and to increase cardiovascular fitness.

1032550-01 9/10-11/12 W 7-8 p.m. \$50 / \$75 TV







### INTRO TO LINE DANCE • Ages 15+

Get ready to kick up your heels and have some fun! This beginnerfriendly class introduces the basics of line dancing, from classic country steps to popular party favorites. No partner needed - just bring your energy and a smile as we move together to upbeat music in easy-to-follow routines. Perfect for all ages and fitness levels!

3032810-01 3/18-5/6 Tu 7-8 p.m. \$40 / \$60 LD

### ADULT LINE DANCE • Ages 15+

Line dance is casual fun for dancers of all skill levels! Learn short, upbeat routines that are a fun workout on their own and can be shared with others at cookouts and parties! No experience needed.

3032810-01 3/18-5/6 Tu 7-8 p.m. \$40 / \$60 LD

### ADULT SOLO LATIN MOVEMENT • Ages 13+

Explore the rhythms, sounds, and movements of popular Latin dances like salsa and bachata. Learn basic steps, flares, and build confidence in personal styling.

3032820-01 3/19-5/7 W 6-7 p.m. \$40 / \$60 LD

### YOUTH BEGINNING TAP • Ages 7-12

Learn the basic sounds and rhythms of tap dance. An introductory class recommended for any students new to tap and for returning students with less than two years of tap experience. \*NO CLASS 11/04, 11/11

1031500-01 9/8-11/10 M 6-7 p.m. \$50 / \$75 LD

1031500-02 9/9-10/28 Tu 1-2 p.m. \$40 / \$60 LD

### YOUTH INTERMEDIATE TAP • Ages 9-14

Continue building tap vocabulary, accuracy, and speed. Students should have at least two years tap experience and be comfortable performing time steps.

1031550-01 9/10-11/12 W 6-7 p.m. \$50 / \$75 LD



### ADULT BEGINNING TAP • Ages 13+

Learn the basic sounds and rhythms of tap dance. An introductory class recommended for any students new to tap and for returning students with less than two years of tap experience.

1031600-01 9/11-11/13 Th 6-7 p.m. \$50 / \$75 LD

1031600-02 9/11-11/13 F 10:15-11:15 a.m. \$50 / \$75 LD

### ADULT INTERMEDIATE TAP • Ages 15+

Continue building tap vocabulary, accuracy, and speed. Students should have at least two years tap experience and be comfortable performing time steps. \*NO CLASS 11/04, 11/11

1031650-01 9/9-10/28 Tu 7-8 p.m. \$40 / \$60 LD

3033001-02 9/11-11/13 Th 12:30-1:30 p.m. \$50 / \$75 LD

### ADULT TAP CLUB • Ages 15+

Learn fun tap routines and have the option to take part in community outreach performances. Previous tap experience required. \*NO CLASS 11/04, 11/11

1031700-01 9/9-10/28 Tu 11:30 a.m.-12:30 p.m. \$40 / \$60 LD

### ADULT JAZZ • Ages 13+

Have fun learning the free and energetic techniques of jazz dance including isolations, syncopation, contraction/expansion, flexibility, and strength building.

1031000-01 9/11-11/13 Th 7-8 p.m. \$50 / \$75 LD

### YOUTH SOLO JAZZ ERA • Ages 8-14

Do you like to bounce and have fun? Then Solo Jazz Era is for you! Dances from the Jazz Era blend African and European styles of movement for a rollicking good time. No experience needed.

1031150-01 9/11-11/13 Th 11:30 a.m.-12:30 p.m. \$50 / \$75 LD





# MUSIC

## PRIVATE VOICE LESSONS • Ages 13+

Private instruction for vocal students at any level. If the instructor is unable to provide the requested music, it is the student's responsibility to purchase the necessary materials. Make-up lessons will not be available if student misses lesson. \*NO CLASS 11/04, 11/11

I050110-01	9/9-11/11	Tu	4-4:30 p.m.	\$110 / \$165	LD
I050110-02	9/9-11/11	Tu	4:30-5 p.m.	\$110 / \$165	LD
I050110-03	9/9-11/11	Tu	5-5:30 p.m.	\$110 / \$165	LD
I050110-04	9/9-11/11	Tu	5:30-6 p.m.	\$110 / \$165	LD
I050110-05	9/10-11/12	W	1-1:30 p.m.	\$138 / \$207	LD
I050110-06	9/10-11/12	W	1:30-2 p.m.	\$138 / \$207	LD
I050110-07	9/10-11/12	W	2-2:30 p.m.	\$138 / \$207	LD
I050110-08	9/10-11/12	W	2:30-3 p.m.	\$138 / \$207	LD

## PRIVATE GUITAR LESSONS • Ages 7+

Private instruction in guitar for students at any level. Students should provide their own guitar! Materials cost approximately \$30 (list provided by instructor at first class). Make-up lessons will not be available if student misses lesson. \*NO CLASS 11/04, 11/11

I050205-01	9/9-11/11	Tu	3:30-4 a.m.	\$110 / \$165	LD
I050205-02	9/9-11/11	Tu	6:30-7 p.m.	\$110 / \$165	LD
I050205-03	9/9-11/11	Tu	7-7:30 p.m.	\$110 / \$165	LD
I050205-04	9/9-11/11	Tu	7:30-8 p.m.	\$110 / \$165	LD
I050205-05	9/11-11/13	Th	4:30-5 p.m.	\$138 / \$207	LD
I050205-06	9/11-11/13	Th	5-5:30 p.m.	\$138 / \$207	LD
I050205-07	9/11-11/13	Th	7-7:30 p.m.	\$138 / \$207	LD
I050205-08	9/11-11/13	Th	7:30-7 p.m.	\$138 / \$207	LD

## PRIVATE PERCUSSION LESSONS • Ages 6+

Private instruction in percussion students at any level. Materials cost approximately \$30 (list provided by instructor at first class). Make-up lessons will not be available if student misses lesson.

I050401-01	9/11-11/13	Th	3:30-4 p.m.	\$138 / \$207	LD
I050401-02	9/11-11/13	Th	4-4:30 p.m.	\$138 / \$207	LD
I050401-03	9/12-11/14	F	4-4:30 p.m.	\$138 / \$207	LD
I050401-04	9/12-11/14	F	4:30-5 p.m.	\$138 / \$207	LD
I050401-05	9/12-11/14	F	5-5:30 p.m.	\$138 / \$207	LD
I050401-06	9/12-11/14	F	5:30-6 p.m.	\$138 / \$207	LD

## PRIVATE PIANO LESSONS • Ages 7+

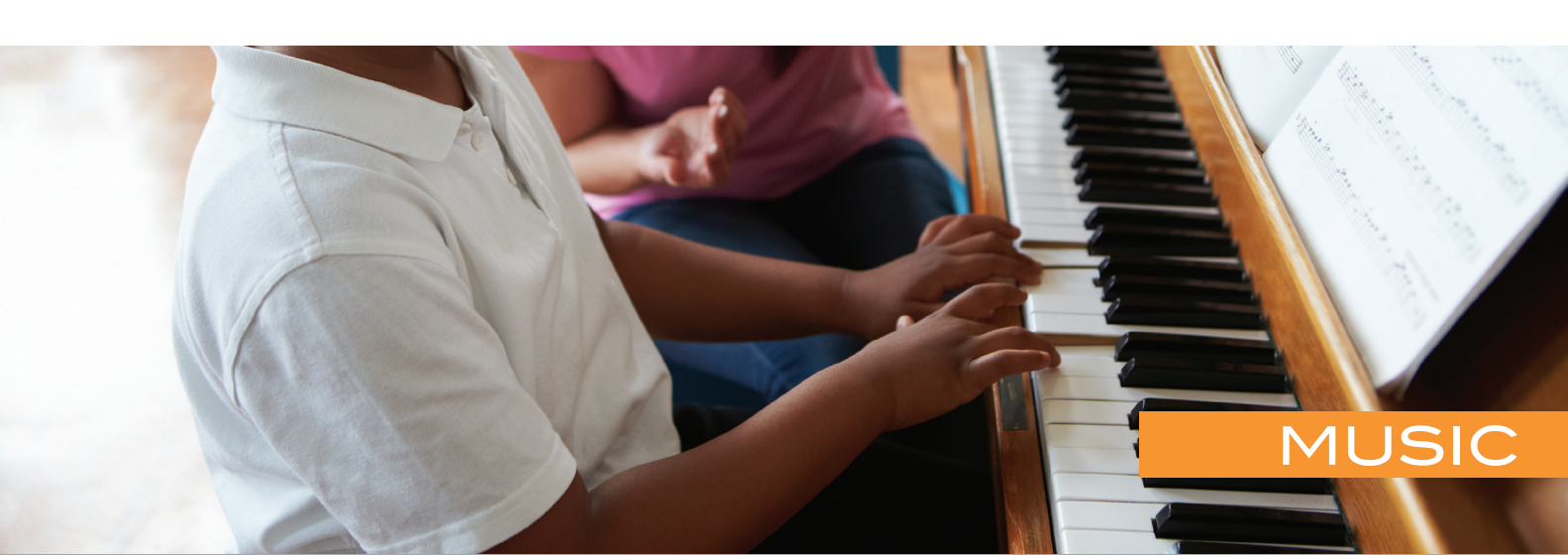
Private instruction in piano students at any level. Lesson materials cost approximately \$25 (list provided by instructor at first class). Make-up lessons will not be available if student misses lesson.

I050105-01	9/8-11/10	M	7:30-8 p.m.	\$138 / \$207	LD
I050105-02	9/10-11/12	W	7-7:30 p.m.	\$138 / \$207	LD
I050105-03	9/10-11/12	W	7:30-8 p.m.	\$138 / \$207	LD
I050105-04	9/11-11/13	Th	6:30-7 p.m.	\$138 / \$207	LD
I050105-05	9/11-11/13	Th	7-7:30 p.m.	\$138 / \$207	LD
I050105-06	9/11-11/13	Th	7:30-8 p.m.	\$138 / \$207	LD
I050105-07	9/9-11/11	Tu	1-1:30p.m.	\$110/\$165	LD
I050105-08	9/9-11/11	Tu	1:30-2 p.m.	\$110 / \$165	LD
I050105-09	9/9-11/11	Tu	2-2:30 p.m.	\$110 / \$165	LD
I050105-10	9/9-11/11	Tu	2:30-3 p.m.	\$110 / \$165	LD
I050105-11	9/10-11/12	W	11-11:30a.m.	\$138 / \$207	LD
I050105-12	9/10-11/12	W	11:30 a.m.-12 p.m.	\$138 / \$207	LD
I050105-13	9/10-11/12	W	12-12:30 p.m.	\$138 / \$207	LD
I050105-14	9/10-11/12	W	12:30-1 p.m.	\$138 / \$207	LD
I050105-15	9/11-11/13	Th	11-11:30 a.m.	\$138 / \$207	LD
I050105-16	9/11-11/13	Th	11:30 a.m.-12 p.m.	\$138 / \$207	LD
I050105-17	9/11-11/13	Th	2-2:30 p.m.	\$138 / \$207	LD
I050105-18	9/11-11/13	Th	2:30-3 p.m.	\$138 / \$207	LD

## PIANO: BEGINNER • Ages 7+

Lesson materials cost approximately \$25 (list provided by instructor at first class). Make up lessons will not be available if student misses lesson. \*NO CLASS 11/04, 11/11

I050605-01	9/8-11/10	M	6:30-7 p.m.	\$50 / \$75	LD
I050605-02	9/9-11/11	Tu	7-7:30 p.m.	\$40 / \$60	LD
I050605-03	9/9-11/10	Tu	11:30 a.m.-12 p.m.	\$40 / \$60	LD
I050605-04	9/10-11/12	W	2-2:30 p.m.	\$50 / \$75	LD
I050605-05	9/11-11/13	Th	12:30-1 p.m.	\$50 / \$75	LD



# MUSIC

## PIANO: PRELUDE • Ages 7+

Ready to build on the basics? Piano Prelude is the next step after Beginner Piano, designed for students who have a foundation in simple melodies and basic technique. Prerequisite: Students must have completed one session of Youth Beginner Piano and be using the Piano Pronto Prelude Book by Eklund. Materials cost approximately \$25 (list provided by instructor at first class). Make-up lessons will not be available if student misses lesson. \*NO CLASS 11/04, 11/11

1050701-01	9/8-11/10	M	7-7:30 p.m.	\$50 / \$75	LD
1050701-02	9/9-11/11	Tu	6:30-7 p.m.	\$40 / \$60	LD

## PIANO: MOV'T. I & II • Ages 7+

Take your piano skills to the next level! Designed for students who have completed Piano Prelude, this class continues the journey with more challenging pieces, expanded music theory, and expressive playing techniques. Prerequisite: Students must have completed the Piano Pronto Prelude Book and be using Piano Pronto Mov't. I or II Books by Eklund. Materials cost approximately \$25 (list provided by instructor at first class). Make-up lessons will not be available if student misses lessons. \*\*NO CLASS 11/04, 11/11

1050801-01	9/9-11/11	Tu	7:30-8 p.m.	\$40 / \$60	LD
4050801-02	9/10-11/12	W	6:30-7 p.m.	\$50 / \$75	LD

## GUITAR: BEGINNER • Ages 7+

Learn basic chords, strumming patterns, and simple songs in this fun and supportive class designed for beginners—no prior experience needed! GUITARS ARE PROVIDED for use during class time only! If you prefer to practice at home, you must bring your own guitar. Lesson materials cost approx. \$30 (list provided by instructor at first class). Make up lessons will not be available if student misses lesson. \*NO CLASS 11/04, 11/11

1051105-01	9/8-11/10	M	11-11:45 a.m.	\$75 / \$113	LD
1051105-02	9/8-11/10	M	1-1:45 p.m.	\$75 / \$113	LD
1051105-03	9/9-11/11	Tu	5-5:45 p.m.	\$60 / \$90	LD

## MUSIC PRODUCTION • Ages 13+

Learn the essentials of professional audio production in this comprehensive session. The course covers advanced techniques in music recording, voice-over production, musical scoring, theme music creation, and fundamental music production principles. Make up lessons will not be available if student misses lesson. \*NO CLASS 11/04, 11/11

1053005-01	9/9-11/11	Tu	4-12:45 a.m.	\$60 / \$90	LD
1053005-02	9/11-11/13	Th	5:30-6:15 p.m.	\$75 / \$113	LD
1053005-03	9/12-11/14	F	2:30-3:15 p.m.	\$75 / \$113	LD

## PERCUSSION: BEGINNER • Ages 7+

Feel the beat and join the rhythm! This class introduces beginners to the fundamentals of percussion through hands-on practice with a variety of instruments. No experience needed - materials are provided and fun is guaranteed! Make up lessons will not be available if student misses lesson. \*NO CLASS 11/04, 11/11

1052301-01	9/8-11/10	M	12-12:45 a.m.	\$75 / \$113	LD
1052301-02	9/8-11/10	M	2-2:45 p.m.	\$75 / \$113	LD
1052301-03	9/11-11/13	Th	6:30-7:15 p.m.	\$60 / \$90	LD







## SPECIAL EVENTS

### KIDS NIGHT OUT

1093301-02	9/10-2/25	W	6-7:30 p.m.	\$0 / \$0	SFC
1093301-03	9/3-3/25	W	6-7:30 p.m.	\$0 / \$0	SFC
1093301-04	9/3-3/25	W	6-7:45 p.m.	\$0 / \$0	TC

### FAMILY GAME NIGHT

1091203-04	11/12	W	6:30-8 p.m.	\$0 / \$0	SFC
1091203-01	11/25	Tu	6:15-8 p.m.	\$0 / \$0	TC
1091201-01	11/25	Tu	6:15-8 p.m.	\$0 / \$0	CC

### FAMILY NIGHT

2093103-01	12/17	W	6:30-8 p.m.	\$0 / \$0	SFC
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### FAMILY NIGHT OUT

1093103-07	12/17	W	6-8 p.m.	\$0 / \$0	BR
1093103-10	11/20	Th	6:30-8 p.m.	\$0 / \$0	FR
1093103-05	8/29	Th	6:30-8 p.m.	\$0 / \$0	FR
1093103-03	9/18	Th	6:30-8 p.m.	\$0 / \$0	FR

### PAINT NIGHT

1092203-04	12/17	W	6:30-8 p.m.	\$0 / \$0	TC
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### HALLOWEEN

1100403-04	10/29	M	6-8 p.m.	\$0 / \$0	BR
1092203-07	10/29	W	6:30-8 p.m.	\$0 / \$0	CC
1092203-05	10/30	Th	6-8 p.m.	\$0 / \$0	FR
1092203-06	10/30	Th	5-7:30 p.m.	\$0 / \$0	SFC
1092203-08	10/27	M	5:30-8 p.m.	\$0 / \$0	TC
1100403-09	10/28	Tu	6:30-8 p.m.	\$0 / \$0	HD
1100403-11	10/31	F	6:30-8:30 p.m.	\$0 / \$0	BC

### TITUSTOWN TRUNK OR TREAT

1094403-01	10/25	Sa	12-3 p.m.	\$0 / \$0	TC
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### TITUSTOWN COMMUNITY THANKSGIVING DINNER

1094505-01	11/25	Tu	6-8 p.m.	\$0 / \$0	TC
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### CEMETERY TOURS & EVENTS

Norfolk Society for Cemetery Conservation (NSCC) offers a variety of exciting tours and events throughout the year. Suggested donation of \$5. PayPal and walk up donations accepted. Tours are subject to cancellation due to inclement weather or unfavorable conditions; please visit the NSCC Facebook page for the latest.

#### TOURS

#### A MEMORIAL TO ETERNAL REST:THE ICONOGRAPHY OF ELMWOOD CEMETERY

9/5 F 6-7 p.m. Elmwood Cemetery

#### BLOODY HANDS, DIRTY KNIVES:THE HORRORS OF VICTORIAN MEDICINE

9/19 F 6-7 p.m. Elmwood Cemetery

#### A VICTORIAN CEMETERY PICNIC!

9/21 Su 4-5 p.m. Cedar Grove Cemetery

#### FACING THE GALLOWS:THE LAST COW

10/4 Sa 2-3 p.m. Elmwood Cemetery

#### DIOS DE LOS MUERTES CELEBRATION

10/19 Su 3-4 p.m. Cedar Grove Cemetery







## EVENTS CONT.

### PLAY DAY

Bring the whole family together for Get Out and Play Day, a joyful celebration of outdoor fun, games, and connection for all ages! Enjoy a day packed with lawn games, relay races, arts & crafts, music, and delicious snacks in a relaxed, community atmosphere. Whether you're 6 or 60, it's the perfect chance to unplug, laugh, and make lasting memories with the people you love.

1094505-02 9/27 Sa 10 a.m.-2 p.m. \$0 / \$0 TC

### REAL ESTATE CRASH COURSES

Unlock the basics with our Real Estate Crash Course, designed to give you a quick, clear understanding of buying, selling, and investing in property. Learn key concepts, market trends, and insider tips to make confident decisions. Perfect for beginners looking to jumpstart their real estate journey!

1094402-01 10/4 Sa 12 p.m. \$0 / \$0 NC

### FROM HERE TO ETERNITY 5K RUN/WALK

10/11 Sa 4 p.m. Elmwood & West Point Cemeteries



### BREAKFAST WITH SANTA

2100603-02 Sa 12/7 9 a.m. -12 p.m. \$30/\$50 NC

### COOKIES WITH SANTA

Cozy up for Santa's Cookies and Cocoa event, where kids can enjoy decorating festive cookies and sipping warm cocoa with Santa himself! Join us for holiday stories, cheerful music, and a magical time perfect for the whole family. Don't miss this sweet celebration of the season!

2100203-02 Sa 12/13 12-3 p.m. \$30/\$50 EO

### WREATHS ACROSS AMERICA

12/13 Sa 10 a.m. Forest Lawn Cemetery



# VISUAL ARTS

## INTRO TO CLAY HANDBUILDING • Ages 18+

Get started with clay in this fun and beginner-friendly class! You'll learn the basics of hand-building—no experience needed—as you create simple functional and decorative pieces. Along the way, you'll explore your creativity and start to discover your own artistic style. Please note: materials are not provided. Participants are required to have an apron and purchase a basic tool kit and a 25lb bag of clay that fires to cone 6, which must be verified at the first class.

1110101-01	9/10-11/12	W	9-10 a.m.	\$50 / \$75	TV
1110101-02	9/10-11/12	W	10:30-11:30 a.m.	\$50 / \$75	TV

## ADULT CLAY HANDBUILDING: BEGINNER Ages 18+

Unleash your creativity and explore the endless possibilities of clay in this dynamic class. You'll learn a variety of hand-building techniques to create both functional and decorative ceramic pieces, all while developing your personal artistic style. Please note: materials are not provided. Participants are required to have an apron, and purchase a basic tool kit and a 25lb bag of clay that fires to cone 6, which must be verified at the first class.

1110201-01	9/10-11/12	M	11 a.m.-1 p.m.	\$100 / \$150	TV
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## ADULT CLAY HANDBUILDING: ADVANCED Ages 18+

Push the boundaries of your creativity in this advanced-level class designed for experienced ceramic artists. Refine and expand your hand-building skills while exploring complex forms, surface treatments, and personal expression through clay. This course emphasizes individual style development and sophisticated design approaches for both functional and sculptural works. Please note: materials are not provided. Participants are required to have an apron, and purchase a basic tool kit and a 25lb bag of clay that fires to cone 6, which must be verified at the first class.

1110301-01	9/8-11/10	M	3-5:30 p.m.	\$125 / \$188	TV
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## CERAMICS CLUB • Ages 18+

Join us for a relaxed, social art experience designed just for our Prime Plus Patrons! Explore ceramics through creative, hands-on projects. No experience needed—just a love for art and community.

1110701-01	9/12-11/14	F	10-11 a.m.	\$31 / \$47	TV
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## POTTERY ON THE WHEEL: LEVEL I • Ages 18+

Learn how to throw pottery on the wheel and then move into weekly projects, including making cups, vases, pitchers, and bowls. Participants are required to have an apron and purchase a basic tool kit and a 25lb bag of clay that fires to cone 6, which must be verified at the first class.

1110402-01	9/11-11/13	Th	12-2 p.m.	\$100 / \$150	TV
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## POTTERY ON THE WHEEL: LEVEL II • Ages 18+

Prerequisite: Must have taken Pottery on the Wheel: Level I class or have instructor approval. This class is an advancement from P.O.T.W. Level I where you will throw more intricate forms and developing more intricate designs. Participants MUST be confident in throwing on the wheel with basic forms.

1110502-01	9/11-11/13	Th	4-6:30 p.m.	\$125 / \$188	TV
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## INTRO TO ADULT DRAWING • Ages 18+

Learn foundational drawing skills and techniques while discovering how to observe and draw with a fresh perspective. Whether you're picking up a pencil for the first time after a break, you'll build confidence and creativity along the way.

1111202-01	9/8-11/10	M	10-11 a.m.	\$31 / \$47	TV
1111202-02	9/11-11/13	M	9-10 a.m.	\$31 / \$47	TV

## YOUTH DRAWING • Ages 7-18

Whether your child is experienced or looking to start their journey, this class will meet them where they are. With the interest of your child's favorite characters and media they will learn the fundamentals to strengthen their drawing skills. Supplies included. **\*Please note: no class 11/4 or 11/11.**

1111403-01	9/9-11/11	Tu	4:30-5:30 p.m.	\$35 / \$53	TV
1111403-02	9/10-11/12	W	1:30-2:30 p.m.	\$44 / \$66	TV

## ADULT DRAWING • Ages 18+

Build your drawing skills while learning to see the world—and your drawings—with fresh eyes. Expect a lifelong shift in your approach to the drawing process! Supplies included.

1111301-01	9/10-11/13	W	6-8 p.m.	\$63 / \$95	TV
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## PORTRAIT DRAWING • Ages 18+

Learn the fundamentals of drawing realistic faces in this guided portrait class. Students will explore proportion, shading, and facial features while developing their own artistic style. Supplies included..

1111405-01	9/12-11/14	F	11:30 a.m.-12:30 p.m.	\$44 / \$66	TV
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## INTRO TO HOT GLASS • Ages 18+

Explore the art of creating beautiful glass pieces that are both functional and sculptural, while gaining a deeper understanding of heat, movement, and timing. Participants are required to bring COE 96 Glass and Elmers Glue.

1110802-01	9/8-11/10	M	10-11 a.m.	\$31 / \$47	TV
1110802-02	9/8-11/10	M	11:30 a.m.-12:30 p.m.	\$31 / \$47	TV

# VISUAL ARTS

## HOT GLASS • Ages 18+

Explore the art of creating beautiful glass pieces that are both functional and sculptural, while gaining a deeper understanding of heat, movement, and timing. Participants are required to bring COE 96 Glass and Elmers Glue.

*\*Please note: no class 11/4 or 11/11.*

1111002-01	9/9-11/11	Tu	1-3:30 p.m.	\$80 / \$120	TV
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## STAINED GLASS • Ages 18+

All levels are welcome! Learn the timeless art of stained glass in this hands-on class. Students will design, cut, and assemble colorful glass pieces using copper foil or lead came techniques. Students must purchase supplies (costs will vary depending on individual choice of glass). Safety glasses are required.

1111101-01	9/10-11/12	W	5:30-8 p.m.	\$100 / \$150	TV
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1111101-02	9/11-11/13	Th	1-3:30 p.m.	\$100 / \$150	TV
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## YOUTH ACRYLIC MIXED MEDIA • Ages 7-18

Acrylic paint isn't just for traditional painting - this class will show you how to break the mold and use it in unexpected, creative ways. Through fun, hands-on demonstrations, you'll explore techniques that push boundaries and spark new ideas. Perfect for anyone ready to shake things up and see acrylics in a whole new light! Supplies included.

1111702-01	9/9-11/11	Tu	12-1 p.m.	\$44 / \$66	TV
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## INTRO TO ADULT ACRYLIC MIXED MEDIA

**Ages 18+**

Learn the basics of acrylic paint while also exploring creative techniques that go beyond traditional painting. Through hands-on projects and playful experimentation, you'll gain confidence and see acrylics in a whole new way. Primary supplies provided.

1111501-01	9/11-11/13	Th	10:30-11:30 a.m.	\$31 / \$47	TV
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## ADULT ACRYLIC MIXED MEDIA • Ages 18+

Through fun, hands-on demonstrations, you'll explore acrylic paint techniques that push boundaries and spark new ideas. Perfect for anyone ready to shake things up and see acrylics in a whole new light! Supplies provided but you may bring your own found materials. *\*Please note: no class 11/4 or 11/11.*

1111502-01	9/9-11/11	Tu	10 a.m.-12 p.m.	\$70 / \$105	TV
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## YOUTH WATERCOLOR • Ages 7-18

Learn the essentials of watercolor painting in this supportive 8-week class. We'll start with foundational techniques, then guide you in developing your own unique piece based on the subject matter you choose. Great for beginners or anyone looking to strengthen their watercolor skills! Supplies included but you may bring your own.

1112001-01	9/11-11/13	Th	7-8 p.m.	\$44 / \$66	TV
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## INTRO TO ADULT WATERCOLOR • Ages 18+

Discover the basics of watercolor painting in this welcoming 8-week introductory class. You'll learn essential techniques step by step, then apply them to create your own unique artwork based on a subject of your choice. Perfect for beginners or anyone wanting to build confidence and skill in watercolor. All supplies are provided, but feel free to bring your own if you prefer!

1111802-01	9/8-11/10	M	12:30 p.m.-1:30 p.m.	\$31 / \$47	TV
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1111802-02	9/12-11/14	F	12:30 a.m.-1:30 p.m.	\$31 / \$47	TV
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## ADULT WATERCOLOR • Ages 18+

Learn the essentials of watercolor painting in this supportive 8-week class. We'll start with foundational techniques, then guide you in developing your own unique piece based on the subject matter you choose. Great for beginners or anyone looking to strengthen their watercolor skills! Supplies included! However, you may bring your own.

1111802-01	9/11-11/13	M	6-8 p.m.	\$113 / \$170	TV
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# VISUAL ARTS

## INTRO TO ADULT ACRYLIC PAINTING • Ages 18+

Explore color, texture, and technique in this engaging acrylic painting class for adults. Whether you're a beginner or looking to sharpen your skills, you'll learn how to work with acrylics to create expressive and vibrant artwork.

1112101-01	9/10-11/12	W	10:30-11:30 a.m.	\$47 / \$71	TV
1112101-02	9/10-11/12	W	12:30-1:30 p.m.	\$47 / \$71	TV

## ADULT ACRYLIC PAINTING: LANDSCAPES • Ages 18+

Explore the beauty of nature through color and brushwork in this engaging acrylic painting class designed for adults. Learn techniques for mixing colors, creating depth, and capturing the essence of landscapes as you build confidence and express your creativity on canvas. Whether you're a beginner or looking to sharpen your skills, this class offers a relaxing and inspiring environment to develop your artistic voice. **\*Please note: no class 11/4 or 11/11.**

1112201-01	9/9-11/11	Tu	1-3 p.m.	\$70 / \$105	TV
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## YOUTH ACRYLIC PAINTING • Ages 7-18

Dive into the world of color and creativity in this fun acrylic painting class just for kids! Young artists will learn how to mix colors, use different brushes, and paint with confidence as they create their own masterpieces. **\*Please note: no class 11/4 or 11/11.**

1112301-01	9/9-11/11	Tu	6-7 p.m.	\$35 / \$53	TV
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## YOUTH ACRYLIC PAINTING • Ages 7-18

Dive into the world of color and creativity in this fun acrylic painting class just for kids! Young artists will learn how to mix colors, use different brushes, and paint with confidence as they create their own masterpieces. **\*Please note: no class 11/4 or 11/11.**

1112301-01	9/9-11/11	Tu	6-7 p.m.	\$35 / \$53	TV
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## YOUTH BEADING • Ages 7-15

Get creative with color and design in this hands-on beading class! Kids will learn basic techniques while making fun projects like bracelets, necklaces, and keychains. No experience needed - all supplies included!

1112502-01	9/9-11/11	Tu	3:30-5 p.m.	\$44 / \$66	TV
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## ADULT SEWING BASICS 101 • Ages 18+

Perfect for beginners, this class covers the essentials of sewing by hand and machine. Learn how to thread a machine, read patterns, and complete simple projects. No experience needed - all materials provided!

1112502-01	9/9-11/11	Tu	3:30-5 p.m.	\$44 / \$66	TV
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## OPEN STUDIO

### OPEN STUDIO: MOSAICS • Ages 18+

The process of Mosaic art is so easy! Enjoy new friendships in an open studio environment. MUST be comfortable with working without an instructor.

1113102-01	9/8-11/10	M	6-8 p.m.	\$44 / \$66	TV
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### OPEN STUDIO: STAINED GLASS • Ages 18+

Create original glass art using stained glass using open studio hours within the facility. MUST be comfortable with working without an instructor.

1113202-01	9/10-11/12	W	10 a.m.-12:30 p.m.	\$44 / \$66	TV
1113202-02	9/10-11/12	W	1-3:30 p.m.	\$44 / \$66	TV

### OPEN STUDIO: SUMI-E • Ages 18+

Explore the timeless art of Japanese ink painting in a relaxed, open studio environment. MUST be comfortable with working without an instructor.

1113302-01	9/10-11/12	W	1:30-4:30 p.m.	\$44 / \$66	TV
1113302-02	9/10-11/12	W	4:30-7:30 p.m.	\$44 / \$66	TV

### OPEN STUDIO: SEWING / QUILTING • Ages 18+

Experience required and participants to bring sewing machine if so desired. MUST be comfortable with working without an instructor.

1113402-01	9/11-11/13	Th	1:30-4:30 p.m.	\$44 / \$66	TV
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### OPEN STUDIO: POTTERY ON THE WHEEL Ages 18+

For those looking to use the studio space to create. All work must be created during scheduled studio hours and glazed using the materials provided. Glazes will be made by instructors as materials allow. MUST be comfortable with working without an instructor. **Please Note: participants are limited to producing two finished pieces per week.**

1113602-01	9/12-11/14	F	12-3 p.m.	\$50 / \$75	TV
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### OPEN STUDIO: CLAY HANDBUILDING Ages 18+

For those looking to use the studio space to create. All work must be created during scheduled studio hours and glazed using the materials provided. Glazes will be made by instructors as materials allow. MUST be comfortable with working without an instructor. **Please Note: participants are limited to producing two finished pieces per week.**

1113702-01	9/12-11/14	F	3-6 p.m.	\$50 / \$75	TV
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### OPEN STUDIO: PAINTING • Ages 18+

Painting experience and ability to work independently required. Participants are also required to bring easel for studio time. MUST be comfortable with working without an instructor.

1113502-01	9/12-11/13	F	1:30-4:30 p.m.	\$44 / \$66	TV
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# THERAPEUTIC RECREATION

## SPARES & STRIKES • Ages 18+

Head to AMF Little Creek Lanes for bowling fun! Adaptive equipment available. Bring \$12 cash for two games each week. Shoe rental included. Transportation provided but limited.

1080005-01	9/8-11/10	M	12-1:30 p.m.	\$15	OFF
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## SUNSET HIKES • Ages 18+

Explore different hiking locations throughout Hampton Roads. Must be able to walk on uneven terrain for up to four miles. Wear closed-toe shoes. Water is required. Transportation provided from TR to hiking location only.

1080105-01	9/8-11/10	M	5:30-7:30 p.m.	\$15	OFF
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## AQUACISE TUESDAY • Ages 18+

Increase mobility and range of motion during a full body water workout. Must be able to dress/toilet independently. No swimming skills necessary but must be comfortable standing in water that is four feet deep, unassisted. Transportation provided but limited. **\*Please note: no class 11/4 or 11/11.**

1080205-01	9/9-11/18	Tu	9-9:45 a.m.	\$15	SS
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## WALK & TALK & ROLL • Ages 18+

Walk or roll with us while you talk with us. Wear clothing that allows for ease of movement, tennis shoes & bring water. **\*Please note: no class 11/4 or 11/11.**

1080305-01	9/9-11/18	Tu	10-11 a.m.	\$15	TRC
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## FARM TO TABLE • Ages 18+

Discover the benefits of growing & preparing fresh, nutritious food! Engage in gardening activities, shop at local farmer's markets, learn cooking skills & create healthy meals! \$60 supply fee included. Transportation provided but limited. **\*Please note: no class 11/4 or 11/11.**

1080405-01	9/9-11/18	Tu	12:30-3:30 p.m.	\$75	TRC
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## YOUTH ALLEY CATS • Ages 6-19

Learn the basics of bowling. Adaptive equipment is available if needed. Bring \$12 cash for two games each week. Shoe rental included. **\*Please note: no class 11/4 or 11/11.**

1080505-01	9/9-11/18	Tu	5-6:30 p.m.	\$15	OFF
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## PROBOWLERS • Ages 18+

Bowl without bumpers as a league to improve independent bowling skills. Bring \$12 cash for two games each week. Shoe rental included. **\*Please note: no class 11/4 or 11/11.**

1080605-01	9/9-11/18	Tu	5-6:30 p.m.	\$15	OFF
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## CERAMICS • Ages 18+

Embrace your creative side by painting a variety of ceramic pieces. \$50 supply fee included. Transportation provided but limited.

1080705-01	9/10-11/12	W	10-11:30 a.m.	\$65	TRC
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## BOOT CAMP • Ages 18+

Take it up a notch! Designed to make you sweat with a high-intensity workout. Bring a water bottle, and wear tennis shoes and clothing that allows for ease of movement. Please only sign up for fitness class that is best suited for needs/level/fitness desires. Transportation provided but limited.

1080805-01	9/10-11/12	W	2-2:45 p.m.	\$15	TRC
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## ESPORTS • Ages 18+

Are you ready to dive into the world of gaming? Whether you're a seasoned pro or a complete beginner, this class is designed to enhance your gaming skills and introduce you to a variety of exciting video games on the Nintendo Switch. Each week, you'll have the opportunity to explore a new game, learn tips and tricks, and connect with fellow gaming enthusiasts.

1080905-01	9/10-10/8	W	3:30-5 p.m.	\$15	TRC
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## BREWERY TOURS • Ages 21+

Tour 5 different breweries throughout Hampton Roads. Must be 21 years old and have a valid government ID to participate in this class. Bring \$15-\$20 for food and drink each class. Transportation provided from TRC to brewery locations only.

1081005-01	10/15-11/12	W	3:30-5:30 p.m.	\$15	OFF
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## TIDES DAY GAME • Ages 18+

Enjoy an afternoon at the ballpark watching the Norfolk Tides! Bring money (no cash, card only) for concessions. \$20 trip fee included. Transportation provided but limited.

1081105-01	9/18	Th	11 a.m.-3 p.m.	\$25	OFF
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## COROLLA WILD HORSE TOURS • Ages 18+

Join us for an off-road adventure to see the wild horses in Corolla, NC. Must be able to transfer into horse tour vehicle and withstand a bumpy, rough, off-road beach ride. No previous neck/back injury permitted. Must sign a waiver and be able to ride with NO restroom breaks for 2 hours. Tour is rain or shine. Bring a minimum of \$35(cash) for lunch and horse tour gratuity. Extra money for souvenirs. \$150 trip fee included. Transportation provided from TRC to Corolla only.

1081205-01	9/25	Th	7:30 a.m.-5 p.m.	\$155	OFF
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# THERAPEUTIC RECREATION

## BUSCH GARDENS HOWL-O-SCREAM • Ages 18+

Spend a spooky day at Busch Gardens Howl-O-Scream enjoying rides, shows, good food, and a few scares! Bring a bag lunch to eat when you arrive at the park, I.D. & current season pass or single day ticket, an additional \$50 (card only) for drinks (refillable cup) & dinner: \$25 trip fee included. Transportation provided from TRC to Busch Gardens only.

1081305-01	10/2	Th	10 a.m.-9 p.m.	\$30	OFF
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## HIKORY RIDGE FARM • Ages 18+

Visit Hickory Ridge Farm to buy produce. Bring at least \$25 to purchase produce. Bring bag lunch. Transportation provided but limited.

1081405-01	10/9	Th	10 a.m.-2 p.m.	\$5	OFF
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## HUNT CLUB FARM HAUNTED TOURS • Ages 18+

Be prepared to be scared! Ride a haunted hayride, find your way through a scary corn maze while enjoying the adventure with friends. Bring \$35 for ticket and additional money for food (optional). \$15 trip fee included. Transportation provided from TRC to Hunt Club Farm only.

1081505-01	10/16	Th	5:30-9:30 p.m.	\$20	OFF
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## PUMPKIN PALOOZA • Ages 18+

Spend the evening carving pumpkins with friends and students from ODU. Light refreshments will be served. \$15 supply fee included. Transportation provided but limited.

1081605-01	10/23	Th	4:30-6:30 p.m.	\$15	TRC
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## MORRIS FARM MARKET & FROG ISLAND • Ages 18+

Visit Morris Farm Market and enjoy lunch at Frog Island Seafood in Currituck, NC. Bring minimum of \$30 for shopping at the farmer's market & lunch. \$8 trip fee included. Transportation provided but limited.

1081705-01	11/20	Th	9 a.m.-3 p.m.	\$13	OFF
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## AQUACISE FRIDAY • Ages 18+

Increase mobility and range of motion during a full body water workout. Must be able to dress/toilet independently. No swimming skills necessary but must be comfortable standing in water 4ft. deep unassisted. Transportation provided but limited.

1081805-01	9/12-11/18	F	9-9:45 a.m.	\$15	SS
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## FRIDAY FUN • Ages 18+

Experience a variety of leisure activities with the group. Each class will be something different! Wear tennis shoes & clothing that allows for ease of movement.

1081905-01	9/12-10/10	F	10-11 a.m.	\$15	TRC
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## CRICUT CRAFTS • Ages 18+

Spend 3 days making Cricut crafts. \$35 supply fee included.

1082005-01	10/17-10/31	F	10-11 a.m.	\$45	TRC
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## GETTIN' FIT • Ages 18+

Full body workout for beginners. Bring water. Wear tennis shoes & clothing that allows for ease of movement. Please only sign up for fitness class that is best suited for needs/level/fitness desires. Transportation provided but limited.

1082105-01	9/12-11/14	F	2-2:45 p.m.	\$15	TRC
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## OUTDOOR ADVENTURE • Ages 18+

Spend a morning exploring Lake Smith/Lake Lawson Natural Area with friends from local cities taking part in activities & demonstrations centered around nature-based activities! Activities will range from hiking, fishing demos, birding & master gardening(horticulture) demos. Dress ready to participate in active activities and wear athletic shoes. \$10 supply fee included. Transportation provided from TRC to Lake Smith.

1082205-01	10/11	Sa	10 a.m.-2:30 p.m.	\$10	OFF
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## HOLIDAY GIFTS • Ages 18+

Spend 2 days making special gifts for your family & friends. \$15 supply fee included. Transportation provided but limited.

1082305-01	12/2-12/3	Tu, W	10 a.m.-12 p.m.	\$22	TRC
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## HOLIDAY CRAFTS • Ages 18+

Spend 2 days making special gifts for your family & friends. \$15 supply fee included. Transportation provided but limited.

1082405-01	12/9-12/10	Tu, W	10 a.m.-12 p.m.	\$22	TRC
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## BUSCH GARDENS CHRISTMAS TOWN • Ages 18+

Spend a magical evening at Busch Gardens. Cost of admission will be announced. Bring an additional \$25 for dinner & hot drinks. Dress warm! \$20 trip fee included. Transportation provided from TRC to Busch Gardens only.

1082505-01	12/4	Th	1-9 p.m.	\$25	OFF
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## HOLIDAY PARTY • Ages 13+

Close out the year with a holiday celebration with friends! Light refreshments & holiday games will be provided. \$15 supply fee included. Transportation provided but limited.

1082605-01	12/18	Th	6-8 p.m.	\$15	TRC
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## S.O.A.R. AFTER-SCHOOL

The **S.O.A.R. (Schools Out Afternoon Recreation) Program** runs during the Norfolk Public Schools calendar. Participants are able to engage in recreational activities after school, field trips, and other fun activities. Program hours are from dismissal of school to 6 p.m. Program is closed on days that school is closed (holidays, teacher work days, inclement weather, etc.).

### S.O.A.R.: GRADES K-5 • Ages 5-11

#### BAYVIEW RECREATION CENTER

5090101-1	8/18-8/29	M-F	2:30-6 p.m.	\$40/ \$40	BR
5090101-2	9/1-9/30	M-F	2:30-6 p.m.	\$80 / \$80	BR
5090101-3	10/1-10/31	M-F	2:30-6 p.m.	\$80 / \$80	BR
5090101-4	11/1-11/28	M-F	2:30-6 p.m.	\$80 / \$80	BR
5090101-5	12/1-12/19	M-F	2:30-6 p.m.	\$40 / \$40	BR

#### NORVIEW COMMUNITY CENTER

5090201-1	8/18-8/29	M-F	2:30-6 p.m.	\$40/ \$40	NC
5090201-2	9/1-9/30	M-F	2:30-6 p.m.	\$80 / \$80	NC
5090201-3	10/1-10/31	M-F	2:30-6 p.m.	\$80 / \$80	NC
5090201-4	11/1-11/28	M-F	2:30-6 p.m.	\$80 / \$80	NC
5090201-5	12/1-12/19	M-F	2:30-6 p.m.	\$40 / \$40	NC

#### FAIRLAWN RECREATION CENTER

5090301-1	8/18-8/29	M-F	2:30-6 p.m.	\$40/ \$40	FR
5090301-2	10/1-10/31	M-F	2:30-6 p.m.	\$80 / \$80	FR
5090301-3	11/1-11/28	M-F	2:30-6 p.m.	\$80 / \$80	FR
5090301-4	12/1-12/19	M-F	2:30-6 p.m.	\$40 / \$40	FR
5090301-5	1/1-1/31	M-F	2:30-6 p.m.	\$80 / \$80	FR

#### SHERWOOD FOREST COMMUNITY CENTER

5090401-1	8/18-8/29	M-F	2:30-6 p.m.	\$40/ \$40	SFC
5090401-2	9/1-9/30	M-F	2:30-6 p.m.	\$80 / \$80	SFC
5090401-3	10/1-10/31	M-F	2:30-6 p.m.	\$80 / \$80	SFC
5090401-4	11/3-11/28	M-F	2:30-6 p.m.	\$80 / \$80	SFC
5090401-5	12/1-12/31	M-F	2:30-6 p.m.	\$40 / \$40	SFC

#### TARRALLTON COMMUNITY CENTER

5090501-1	8/18-8/29	M-F	2:30-6 p.m.	\$40/ \$40	TC
5090501-2	9/1-9/30	M-F	2:30-6 p.m.	\$80 / \$80	TC

5090501-3	10/1-10/31	M-F	2:30-6 p.m.	\$80 / \$80	TC
5090501-4	11/3-11/28	M-F	2:30-6 p.m.	\$80 / \$80	TC
5090501-5	12/1-12/31	M-F	2:30-6 p.m.	\$40 / \$40	TC

#### BERKLEY COMMUNITY CENTER

5090801-1	8/18-8/29	M-F	2:30-6 p.m.	\$40/ \$40	BC
5090801-2	9/1-9/30	M-F	2:30-6 p.m.	\$80 / \$80	BC
5090801-3	10/1-10/31	M-F	2:30-6 p.m.	\$80 / \$80	BC
5090801-4	11/3-11/28	M-F	2:30-6 p.m.	\$80 / \$80	BC
5090801-5	12/1-12/19	M-F	2:30-6 p.m.	\$40 / \$40	BC

#### CROSSROADS COMMUNITY CENTER

5090901-1	8/18-8/29	M-F	2:30-6 p.m.	\$40/ \$40	CC
5090901-2	9/1-9/30	M-F	2:30-6 p.m.	\$80 / \$80	CC
5090901-3	10/1-10/31	M-F	2:30-6 p.m.	\$80 / \$80	CC
5090901-4	11/3-11/28	M-F	2:30-6 p.m.	\$80 / \$80	CC
5090901-5	12/1-12/31	M-F	2:30-6 p.m.	\$40 / \$40	CC

### S.O.A.R.: GRADES 6-8 • Ages 11-14

#### NORVIEW COMMUNITY CENTER

5090206-01	8/18-8/29	M-F	2:30-6 p.m.	\$20 / \$20	NC
5090206-02	9/1-9/30	M-F	2:30-6 p.m.	\$40 / \$40	NC
5090206-03	10/1-10/31	M-F	2:30-6 p.m.	\$40 / \$40	NC
5090206-04	11/3-11/28	M-F	2:30-6 p.m.	\$40 / \$40	NC
5090206-05	12/1-12/31	M-F	2:30-6 p.m.	\$40 / \$40	NC

#### FAIRLAWN RECREATION CENTER

5090306-01	8/18-8/29	M-F	2:30-6 p.m.	\$20 / \$20	FR
5090306-02	9/1-9/30	M-F	2:30-6 p.m.	\$40 / \$40	FR
5090306-03	10/1-10/31	M-F	2:30-6 p.m.	\$40 / \$40	FR
5090306-04	11/3-11/28	M-F	2:30-6 p.m.	\$40 / \$40	FR
5090306-05	12/1-12/31	M-F	2:30-6 p.m.	\$40 / \$40	FR

#### CROSSROADS COMMUNITY CENTER

5090906-01	8/18-8/29	M-F	2:30-6 p.m.	\$20 / \$20	CC
5090906-02	9/1-9/30	M-F	2:30-6 p.m.	\$40 / \$40	CC
5090906-03	10/1-10/31	M-F	2:30-6 p.m.	\$40 / \$40	CC
5090306-04	11/3-11/28	M-F	2:30-6 p.m.	\$40 / \$40	CC
5090306-05	12/1-12/31	M-F	2:30-6 p.m.	\$20 / \$20	CC



# GO PLAY DAY



**SATURDAY, SEPT. 27**  
**10 A.M. – 2 P.M.**

**Games**

**Food Trucks**

**Photo Booth**

**Fun Run**

**Kids Crafts**

**TARRALLTON  
COMMUNITY CENTER**

**FREE!**



THE CITY OF  
**NORFOLK**  
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# FIVE POINTS FARMERS MARKET

FIVE POINTS PARK  
6123 Sewells Point Rd.

SATURDAY  
OCTOBER 25  
12-5 P.M.

- ✓ LOCAL VENDORS
- ✓ FAMILY FUN
- ✓ FOOD TRUCKS
- ✓ LIVE MUSIC BY  
DJ WESLEY OF DREAM  
TEAM ENTERTAINMENT

THE CITY OF  
**NORFOLK**  
DEPARTMENT OF PARKS & RECREATION

**Festevents**<sup>SM</sup>



# PickleBall

**East Ocean View  
Community & Senior Center**

*Monday:*

9 a.m. – 12 p.m. (Women's)

*Tuesday:*

11:45 a.m. – 3 p.m. (Men's)

*Wednesday:*

9 a.m. – 3 p.m. (Co-Ed)

*Thursday:*

9 a.m. – 12:15 p.m. (Men's)

12:30 – 3 p.m. (Co-Ed)

6 – 8 p.m. (Co-Ed)

*Friday:*

9 a.m. – 12 p.m. (Instructional)

**Tarrallton  
Community Center**

*Monday & Wednesday:*

6:15–8:15 p.m. (Co-Ed)

**Lambert's Point  
Community Center**

*Monday, Tuesday, & Thursday:*

10:30 a.m.–1:30 p.m. (Co-Ed)

*Friday:*

2–5 p.m. (Co-Ed)

[WWW.NORFOLK.GOV/PICKLEBALL](http://WWW.NORFOLK.GOV/PICKLEBALL)

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